

Online safety for parents

*How to help your children
stay safe online*



Andrew Gunn^{tlc}
training • leadership • consultancy



The Thinkuknow approach

“Today’s children are growing up online, and make little distinction between life online and off. Their use of online games, apps and services plays a crucial role in the development of their identities, friendships, relationships, passions and aspirations. It is essential that we respond by offering them high-quality education based on the best available evidence.”

Head of Education, CEOP



Aims

- ★ *Understand the risks posed to children and what actions can reduce these risks;*
- ★ *Know where to find appropriate guidance and resources.*



What does online safety include?

- ★ Inappropriate material
- ★ Cyberbullying
- ★ Inappropriate behaviour
- ★ Grooming
- ★ Mobile devices
- ★ Privacy/Data protection
- ★ Data transfer
- ★ Hacking
- ★ Viruses/malware
- ★ Identity theft
- ★ Screen addiction
- ★ Persistence of data



Some quotes from young people when told that the information they put online could still be there in five, 10 or 20 years:

- ★ *“I had a blog a couple of years ago and want to delete it – but I can’t, and I had personal details on it!” (female, 16)*
- ★ *“Potential employers could ‘google’ you and it could give embarrassing information etc” (male, 16)*
- ★ *“Really annoying, a search on google brings up stuff I put online when I was really young and I can’t get rid of it.” (Male, 16)*



Life in 'likes' - report

- ★ 3 in 4 children aged 10-12 having their own accounts.
- ★ Older children started to get into the habit of using all their social media apps multiple times a day, and for some, it had come to dominate their day.
- ★ Many children felt uncomfortable and bothered by their parents posting pictures of them on social media, yet felt they could do little to stop it.



Life in 'likes' – report (2)



- ★ In some cases, children worried about their siblings' behaviour online, such as excessive use and ignoring safety messages
- ★ Do I look okay?
- ★ Can we all look like celebrities?
- ★ Will my picture get any likes?
- ★ Is this shareable?
- ★ I want to be a YouTuber when I am older



3Rs for digital literacy

- ★ Risks – know what they are
- ★ Reputation – protect your online reputation
- ★ Resilience – know what to do when there is a problem



Potential risks



A few more potential risks to consider

- ★ Mobile phones - bluejacking, 24 hour bullying, anonymous or inappropriate texting
- ★ Email - spamming, phishing, monitoring
- ★ File sharing - spyware, copyright infringement
- ★ WWW - adult content, reliability, viruses, illegal content
- ★ Social networks - grooming, cyberbullying, data harvesting
- ★ Location services - strangers tracking your location
- ★ Tablet devices - in-app purchases, addictive behaviour, advertising



How do you protect your info and devices?

- ★ Don't share personal info online
- ★ Don't share pin or password
- ★ Remain vigilant when using digital communications
- ★ Install anti-virus software on all devices
- ★ Install anti-spyware
- ★ Parental controls
- ★ Automatic scanning of computer
- ★ Google safe search
- ★ YouTube restricted mode ON and Auto play OFF



SMART rules



SAFE – Keep safe by being careful not to give out personal information to people who you don't trust online.



MEETING – Meeting up with someone you have only been in touch with online can be dangerous. Only do so with your parent's/carer's permission and even then only when they can be present.



ACCEPTING – Accepting e-mails, IM messages or opening files from people you don't know can be dangerous – they may contain viruses or nasty messages!



RELIABLE – Someone online may be lying about who they are, and information you find on the internet may not be true.



TELL – Tell your parent/carer or teacher if someone or something makes you feel uncomfortable or worried.

From Childnet



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Top tips

- ★ Use latest Operating System
- ★ Install security software (firewall, anti-virus and anti-spyware)
- ★ Don't open spam, use spam filter software
- ★ Beware of Wi-Fi hotspots
- ★ Back up data



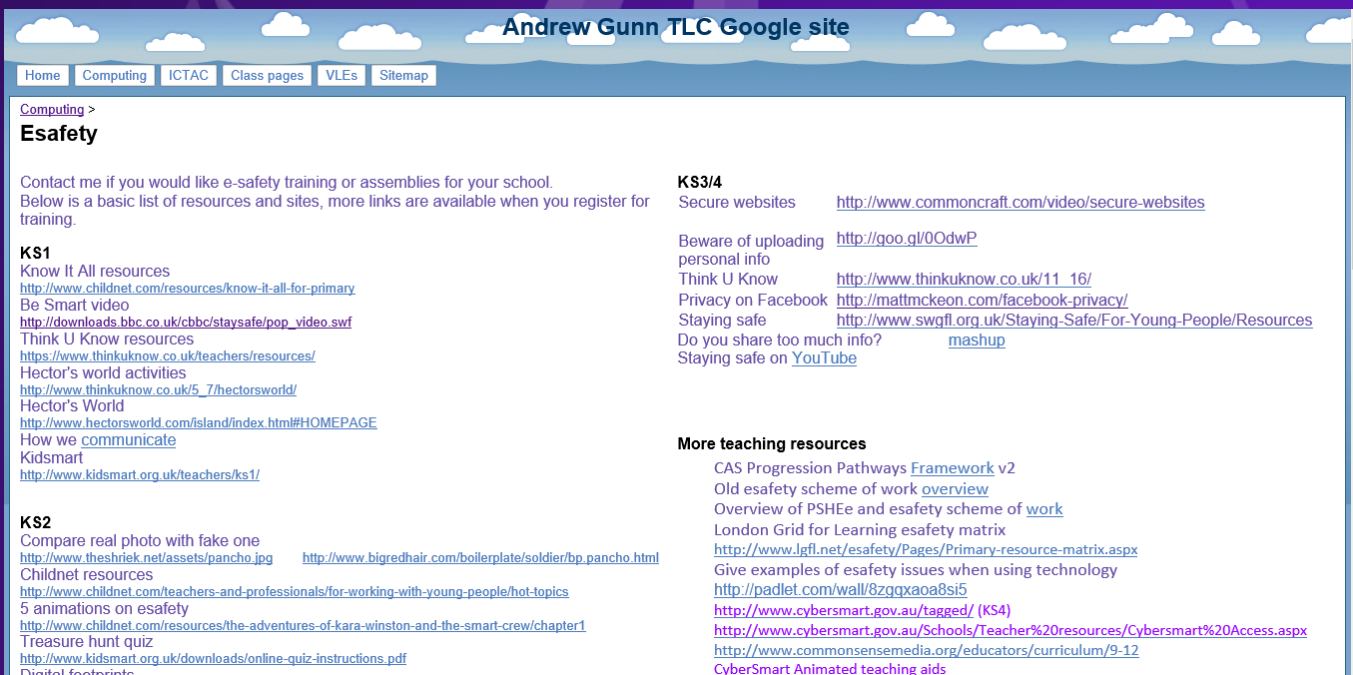
Top tips (cont)

- ★ Never give out financial info unless you initiated contact and are sure you know who you are dealing with
- ★ Limit amount of time children spend online and on a digital device and supervise them
- ★ Share your experiences with others – issues and tips
- ★ Visit some of the websites from today



For further information and links

★ Andrew Gunn TLC – (Google site)

A screenshot of a web browser displaying the 'Andrew Gunn TLC Google site'. The page has a blue header with a navigation menu containing 'Home', 'Computing', 'ICTAC', 'Class pages', 'VLEs', and 'Sitemap'. Below the header, the page is titled 'Computing > Esafety'. A paragraph states: 'Contact me if you would like e-safety training or assemblies for your school. Below is a basic list of resources and sites, more links are available when you register for training.' The page is organized into sections for Key Stages 1, 2, 3/4, and 'More teaching resources'. Each section lists various educational resources and links to external websites.

Andrew Gunn TLC Google site

Home Computing ICTAC Class pages VLEs Sitemap

Computing >
Esafety

Contact me if you would like e-safety training or assemblies for your school.
Below is a basic list of resources and sites, more links are available when you register for training.

KS1
Know It All resources
<http://www.childnet.com/resources/know-it-all-for-primary>
Be Smart video
http://downloads.bbc.co.uk/cbbc/staysafe/pop_video.swf
Think U Know resources
<https://www.thinkuknow.co.uk/teachers/resources/>
Hector's world activities
http://www.thinkuknow.co.uk/5_7/hectorsworld/
Hector's World
<http://www.hectorsworld.com/island/index.html#HOMEPAGE>
How we communicate
Kidsmart
<http://www.kidsmart.org.uk/teachers/ks1/>

KS2
Compare real photo with fake one
<http://www.theshriek.net/assets/pancho.jpg> http://www.bigredhair.com/boilerplate/soldier/bp_pancho.html
Childnet resources
<http://www.childnet.com/teachers-and-professionals/for-working-with-young-people/hot-topics>
5 animations on esafety
<http://www.childnet.com/resources/the-adventures-of-kara-winston-and-the-smart-crew/chapter1>
Treasure hunt quiz
<http://www.kidsmart.org.uk/downloads/online-quiz-instructions.pdf>
Digital footprints

KS3/4
Secure websites <http://www.commoncraft.com/video/secure-websites>
Beware of uploading personal info <http://goo.gl/0OdWp>
Think U Know http://www.thinkuknow.co.uk/11_16/
Privacy on Facebook <http://mattmckeeon.com/facebook-privacy/>
Staying safe <http://www.swgfl.org.uk/Staying-Safe/For-Young-People/Resources>
Do you share too much info? [mashup](#)
Staying safe on YouTube

More teaching resources
CAS Progression Pathways [Framework](#) v2
Old esafety scheme of work [overview](#)
Overview of PSHEe and esafety scheme of work
London Grid for Learning esafety matrix
<http://www.lgfl.net/esafety/Pages/Primary-resource-matrix.aspx>
Give examples of esafety issues when using technology
<http://padlet.com/wall/8zggxaoa8si5>
[http://www.cybersmart.gov.au/tagged/\(KS4\)](http://www.cybersmart.gov.au/tagged/(KS4))
<http://www.cybersmart.gov.au/Schools/Teacher%20resources/Cybersmart%20Access.aspx>
<http://www.commonsemmedia.org/educators/curriculum/9-12>
[CyberSmart Animated teaching aids](#)

