6th November 2026

Dear Families,

I am writing with a small but important reminder about **food allergies**. We have children in our schools with severe allergies, and we all play a part in helping to keep them safe.

To reduce the risk of accidental exposure, **please do not send pesto or pesto-containing products into school** as part of packed lunches or snacks. Many pesto products contain nuts or seeds, including pine nuts, cashews, walnuts or other ingredients that can cause a serious allergic reaction.

Products to avoid include:

- Traditional basil pesto
- Red pesto (sun-dried tomato pesto)
- Vegan pesto products
- Pesto pasta salads
- Pesto pasta pots
- Pesto sandwiches, wraps and paninis
- Pesto pizza toppings
- Pastries, pinwheels or savoury snacks containing pesto
- Homemade dishes made with pesto

As manufacturers can change ingredients and recipes without much notice, we would be grateful if families could take a moment to check labels carefully when preparing packed lunches. Sometimes products that seem unlikely to contain nuts or seeds can include pesto, pesto flavourings or nut-based ingredients.

We know that families are always incredibly supportive in helping us look after all of our children, and we are very grateful for your cooperation. These small precautions make a big difference in keeping school a safe environment for everyone.

Thank you for your understanding and support.

Kind regards,

Interim Executive Headteacher