



Church of England Primary School

Iford and Kingston

Sun Protection Policy

Reviewed and approved by FGB: 27.03.23

Next review: Spring 2026

At Iford and Kingston CE Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

EDUCATION

- Staff will be educated about how to be SunSmart.
- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term and before summer break.
- Parents and carers will be sent a letter (Appendix A) explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

PROTECTION FROM THE SUN OUTDOORS

Shade

- When the sun is strong we will encourage pupils to sit/play in the shade where it is available.
- Where possible, outdoor activities will take place in the shade.

Timetabling

- In the summer months we will aim to schedule outside activities, school trips and PE lessons before 11am and after 3pm if appropriate. If this is unavoidable we will ensure hats, clothing and sunscreen are all worn to prevent sunburn.

Clothing

- When outside in sunny weather, pupils are encouraged to wear hats that cover the ears, face and neck.
- Pupils will be encouraged to wear tops that cover their shoulders.
- Pupils are allowed to wear UV protective sunglasses.
- Staff will be encouraged to wear suitable hats and clothing when on playground duty and teaching outdoors on sunny days to reinforce the SunSmart message.

Sunscreen

- Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips.
- Pupils will be asked to bring in their own labelled bottle of sunscreen.

- We will send letters home asking for parents to apply sunscreen to pupils before they come to school when the sun is strong during the summer months.
- We will ask parents for permission to remind children to re-apply sunscreen when necessary.

We will advise parents not to use/bring in nut based sunscreens.

PROTECTION FROM THE SUN INDOORS

- Windows and other ventilation openings will be opened during the cool of early morning to allow stored heat to escape from the building.
- The use of electric lighting will be kept to a minimum during heatwaves.
- All electrical equipment, including computers and monitors will be switched off when not in use and will not be left in standby mode.

MAINTAINING CHILDREN'S HEALTH DURING HOT WEATHER CONDITIONS

- Pupils will be encouraged to eat normally.
- Pupils will be encouraged to bring their own labelled water bottle to school. They will be encouraged to drink plenty of water on hot days.
- Classroom layouts will be adjusted if necessary to avoid direct sunlight on pupils.

Dear Parent/Carer,

We have recently developed a sun protection policy to ensure that we can all enjoy the sun safely.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but it can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we have decided to:

- Increase the amount of school time spent learning about sun protection.
- Encourage pupils to wear hats and t-shirts when outside.
- Encourage pupils to use at least SPF 15 sunscreen in summer months.
- Encourage pupils to stay in the shade where possible. More details of these and other new sun protection plans can be found in our sun protection policy which is available on our website or from the school office.

Your support is very important to us. You can help by:

- Talking to your child about the importance of sun protection at home.
- Sending your child to school with a wide-brimmed hat.
- Sending your child to school with their own bottle of sunscreen that is clearly labelled with their name.

Reminding your child not to share their sunscreen with friends.

Yours Sincerely,