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## ☐ Summer Holiday Mindfulness Pony Day's for Kids! ☐

**Explore Calm, Connection, and Confidence with Our Gentle Ponies!**

**Dates: Friday 8<sup>th</sup> August, Monday 11<sup>th</sup> August, Monday 18<sup>th</sup> August, Monday 1<sup>st</sup> September.**

**Time: 9am- 2pm**

**Location: Ponies 'n' Kids, Eaton Thorne Stables, Woodmancote, Nr Henfield, W.Sussex, BN5 9BH**

*Join us for a magical day designed especially for children ages 5-11! Dive into a world of peace, friendship, and mindfulness, all while experiencing the calming presence of our adorable ponies.*

### Your Child's Special Day with the Ponies will include:

- ☐ **Mindfulness Time with Ponies, Pony Care, Riding and Mounted Games and Mindful Nature Art.**

**Spaces are limited to 15 children per session! Please visit the Eventbrite links below now to ensure your spot. *Once your booking is confirmed we will contact you to gather further information.***

**[Friday 8th August Mindfulness Pony Day. Book now!](#)**

**[Monday 11th August Mindfulness Pony Day. Book now!](#)**

**[Monday 18th August Mindfulness pony Day. Book now!](#)**

**[Monday 1st September Mindfulness Pony Day. Book now!](#)**

**Contact: [bookings@yourspacetherapies.org](mailto:bookings@yourspacetherapies.org)**

**Cost: £140**

*Join us for an unforgettable experience that combines mindfulness and pony magic!*

